

Ponderosa Polka
Children's fell runs 6-16 years
(0.5-2.0 miles)
Sunday May 9th

Meet at the Ponderosa Cafe
Horseshoe Pass
(directions at www.ponderosacafe.co.uk)

Registration from 14:00
(first race at 14:30)

Where suitable shoes and clothes
You may get muddy

Reward yourself in the café afterwards!
Bring a friend
More info marygillie1@yahoo.co.uk