21st – 22nd July 2007

Pen y Fan Race

Saturday 21st 11.00am 3.5 miles / 1930 feet of ascent Cwm Llwch (Login) car park (GR006245) near Brecon Entry on the day: £4.00 (£5.00 unattached)

Fan y Big Horseshoe Race

Sunday 22nd 14.00pm 10 miles / 2200 feet of ascent Llanfrynach Village Hall, near Brecon Entry on the day: £5.00 (£6.00 unattached)

Combined entry for both races: £8 (£10 unattached)

Experience required; local knowledge advantageous; navigational skills required

Prize for first local runner!





Full details at: http://flowerhome.no-ip.info/breconfans.htm

Or contact the organisers:

Pen y Fan: Crispin Flower & Naomi Law 01874 622000 crispin.flower@ntlworld.com Fan Y Big Horseshoe: Adrian Orringe 01633 873577 adrian.orringe@btinternet.com

Organising Club:



Race Permit No. WA/MF/2007/South Wales 002