

Ras Mynyddoedd 1000 Metr Cymru 2011 Welsh 1000 Metre Race 2011

Fell Race: Aber start

4th June 2011

Start Time: 09:00

Safle Pos	Rhif No.	Enw Name	Dosbarth Category	Clwb Club	Ogwen	Pen y Pass	Finish
1	179	Timothy Davies	Male Open			03:09:39	04:06:13
2	71	Sam Smith	Male Open	Eryri Harriers		03:09:55	04:08:22
3	89	Steve Cale	Male Open	Mercia Fell Runners		03:10:26	04:12:36
4	136	Tim Higginbottom	Male Open	Clwydian Range Runners		03:11:35	04:26:54
5	92	Neal Hockley	Male Open	WFRA		03:21:38	04:32:00
6	154	Bob Johnston	Male Open	Dark Peak Fell Runners		03:26:11	04:34:13
7	2	Martin Wilcock	Male Open	City of Chester Triathlon Club		03:26:53	04:36:55
8	183	Andrew Siggers	Male Open	Unattached		03:25:47	04:38:32
9	176	Rory O'Donnell	Male Open	Eryri Harriers		03:26:32	04:39:19
10	103	Andrea Rowlands	Lady Open	Eryri Harriers		03:31:42	04:41:29
11	99	Simon Ellis	Male Vet 40	Tattenhall Runners		03:31:31	04:43:52
12	11	Simon Roberts	Male Vet 40	Buckley Runners		03:31:39	04:45:56
13	22	Matthew Heywood	Male Open	FRA		03:36:43	04:49:50
14	93	Derek Fuller	Male Open	Ilkley Harriers AC		03:40:55	04:53:37
15	131	Anthony Dickinson	Male Open	Army		03:44:39	05:03:36
16	160	Stewart Bellamy	Male Vet 40	Mercia Fell Runners		03:47:39	05:04:56
17	84	Peter Agnew	Male Vet 40	Clwydian Range Runners		03:47:28	05:05:14
18	124	Philip Gwilliam	Male Vet 50	Unattached		03:48:37	05:06:57
19	113	Jonathan Moore	Male Vet 40	Unattached		03:41:23	05:07:59
20	133	Russell Owen	Male Vet 50	Eryri Harriers		03:48:14	05:09:30
21	157	Edward Harmer	Male Vet 40	Eryri Harriers		03:46:36	05:09:55
22	19	David Buchanan	Male Vet 40	Pudsey & Bramley AC		03:50:16	05:12:50
23	146	Iwan Edgar	Male Vet 50	Unattached		04:00:54	05:19:36
24	132	Alan Duncan	Male Vet 50	Bowland Fell Runners		03:46:42	05:20:46
25	164	Glyn Fletcher	Male Vet 40	Maldwyn Harriers		03:47:45	05:20:51
26	46	Adrian Williams	Male Vet 40	Eryri Harriers		03:49:46	05:21:00
27	139	Dan Loxton	Male Open	Eryri Harriers		03:48:41	05:21:43
28	163	Paul Beeson	Male Vet 40	Maldwyn Harriers		03:48:03	05:22:23
29	49	David Malia	Male Vet 40	Mercia Fell Runners		03:56:46	05:22:25
30	123	Steven Fenney	Male Vet 40	Stone MM		04:03:00	05:22:58
31	122	Stephen Jones	Male Vet 50	Eryri Harriers		03:47:57	05:23:39
32	51	Michael Kelly	Male Vet 40	Leighton Buzzard AC		04:01:06	05:26:16
33	13	Dave Powell	Male Vet 50	Aberystwyth AC		04:00:08	05:26:47
34	74	David Wilcox	Male Vet 40	Fell Runners Association		03:45:47	05:29:20
35	159	Mick Loftus	Male Vet 40	Valley Striders AC		04:01:59	05:29:41
36	30	Paul Jones	Male Open	Eryri Harriers		04:05:27	05:30:56
37	66	Steve Gibbons	Male Vet 40	Unattached		03:59:22	05:31:18
38	167	Zoe Procter	Lady Open	Bowline Climbing Club		04:05:31	05:32:05
39	98	Mark Traynor	Male Vet 40	Unattached		04:04:21	05:32:22
40	55	Chris Wilcox	Male Vet 50	Clwydian Range Runners		04:06:05	05:33:32
41	168	Llifton Foulkes	Male Open	Eryri Harriers		04:07:10	05:33:39
42	26	Connor Carson	Male Vet 40	Kenilworth Runners		03:58:39	05:34:01
43	78	Michael Belshaw	Male Vet 40	British Army Orienteering Club		04:02:44	05:34:10
44	172	Dyfed Whiteside Thomas	Male Open	Unattached		04:09:19	05:34:17
45	178	Andrew Stimson	Male Open	Unattached		04:11:03	05:34:36
46	140	Phoebe Webster	Lady Open	Aberystwyth AC		04:11:08	05:35:14
47	18	Ian Jones	Male Vet 40	ERYRI		04:11:42	05:35:16
48	144	Mark Atherton	Male Vet 40	Meirionnydd RC		04:01:01	05:35:35
49	120	Yiannis Tridimas	Male Vet 60	Bowland Fell Runners		04:08:40	05:38:51
50	115	John Harold	Male Vet 40	Eryri Harriers		04:11:54	05:39:26
51	9	Mary Gillie	Lady Open	Clwydian Range Runners		04:15:51	05:39:35
52	7	Chris Baynham-Hughes	Male Open	Helsby RC		04:09:22	05:40:36
53	94	Dylan Webber	Male Open	Eryri Harriers		04:05:35	05:42:35
54	34	Steve Hinshelwood	Male Open	Unattached		04:12:54	05:42:39
55	31	Christopher Wiley	Male Open	Fleckney & Kibworth RC		04:26:24	05:45:28
56	170	Stephen Jones	Male Vet 40	Clwydian Range Runners		04:01:51	05:46:54
57	38	Jones Peter M W	Male Vet 50	Unattached		04:26:30	05:47:27
58	110	Gary Porter-Jones	Male Vet 40	Eryri Harriers		04:12:19	05:50:14
59	6	Victor Belshaw	Male Vet 50	Clwdian Range Runners		04:15:45	05:50:22
60	43	Chris Smith	Male Open	Gorphwysfa		04:20:29	05:51:36
61	151	David Morris	Male Open	Unattached		04:20:35	05:52:39
62	153	Clive Edwards	Male Vet 50	Unattached		04:11:25	05:52:47
63	91	Jim Kelly	Male Vet 40	Eryri Harriers		04:30:18	05:53:33
64	104	Neil Hindle	Male Vet 50	FRA		04:19:01	05:55:06
65	63	Clare Dallimore	Lady Open	Unattached		04:25:50	05:55:22
66	142	Riccardo Giussani	Male Open	Unattached		04:26:00	05:56:14
67	1	Chris Hayes	Male Open	Prestatyn RC		04:21:27	05:58:16
68	67	David Bevan	Male Vet 40	Saddleworth Runners Club		04:23:35	06:00:00
69	181	Harri Roberts	Male Vet 40	Eryri Harriers		04:29:32	06:07:56
70	161	Nigel Glaze	Male Vet 40	Mercia Fell Runners		04:32:58	06:08:37
71	152	Dave Woodvine	Male Vet 40	Shropshire Shufflers		04:29:19	06:10:01

72	129	Clare	Page	Lady Open	Not Listed	04:44:21	06:12:08
73	109	Malcolm	Walker	Male Vet 40	Unattached	04:31:41	06:12:27
74	141	Louise	Barker	Lady Open	Aberystwyth AC	04:30:00	06:14:19
75	53	David	Marham	Male Vet 40	Leighton Buzzard AC	04:38:15	06:14:25
76	21	Mike	Symons	Male Vet 40		04:29:11	06:14:45
77	137	Brian	Robbins	Male Vet 60	Eryri Harriers	04:39:46	06:17:18
78	138	Stel	Farrar	Lady Vet 50	Eryri Harriers	04:46:39	06:19:04
79	23	Rod	Sutcliffe	Male Vet 50	Unattached	04:38:02	06:19:08
80	5	Paul	Jacobs	Male Vet 50	Easingwold RC	04:25:09	06:21:24
81	45	Richard	Sumner	Male Vet 40	Unattached	04:46:45	06:22:27
82	127	Clare	Prosser	Lady Open	Wells City Harriers	05:00:22	06:22:40
83	128	David	Bonstow	Male Open	Wells City Harriers	04:59:55	06:23:31
84	162	Chris	Field	Male Vet 40	Unattached	04:27:38	06:25:01
85	165	Toby	Keep	Male Open	Eryri Harriers	04:31:52	06:25:53
86	135	Paul	Hunt	Male Vet 40	Goyt Valley Striders	04:47:50	06:27:18
87	59	Wendy	Trimbel	Lady Open	Eryri Harriers	04:50:31	06:31:37
88	414	Steve	Vaughan	Male Open	Unattached	05:00:52	06:36:00
89	413	Nick	Pryce-Jones	Male Open	Unattached		06:36:08
90	108	Steven	Knight	Male Open	Unattached	04:46:48	06:36:57
91	3	Austin	Bowers	Male Open	North Wales Road Runners	04:47:46	06:41:05
92	58	Richard	Borne	Male Vet 40	Eryri Harriers	04:40:28	06:46:39
93	174	David	Owen	Male Vet 60	Prestatyn RC	05:01:14	06:49:02
94	173	Katr	O'Sullivan	Lady Vet 40	Aberystwyth AC	05:06:55	06:50:39
95	97	Martin	Longhurst	Male Vet 50	Great Western Runners	04:55:58	06:50:47
96	101	Marc	Recoquille	Male Open	FRA	05:03:37	06:51:16
97	175	Ian	Rothery	Male Vet 50	Cybi Striders	05:13:57	06:51:38
98	105	Edward	Steele	Male Open	Tunbridge Wells Harriers	05:18:52	06:51:44
99	148	John	Humphries	Male Vet 50	Mysteruns of Abergele	05:01:50	06:52:15
100	156	Emily	Wood	Lady Vet 40	Eryri Harriers	05:09:23	06:53:12
101	126	Laurie	Phippard	Lady Vet 40	Wells City Harriers	05:01:11	06:55:55
102	125	Aidan	Phippard	Male Vet 50	Wells City Harriers	05:00:11	06:56:02
103	182	John	Moorhouse	Male Vet 50		05:07:07	07:00:13
104	36	Stephen	Bajic	Male Vet 50	Telford Harriers	05:01:31	07:01:28
105	81	Ssgt Michael John	Ward	Male Open	1 RSME	05:09:27	07:03:06
106	62	Nich	Bradley	Male Vet 50	Meirionnyd Running Club	05:07:34	07:04:23
107	88	Graham	Butcher	Male Vet 50	Rochdale Harriers	05:21:25	07:05:10
108	85	Paul	Chester	Male Open	WFRA	05:10:28	07:08:04
109	47	Chris	Rogers	Male Vet 40	Cambridge Harriers	05:10:24	07:08:39
110	15	Janet	Richards	Lady Vet 40	Griffithstown Harriers	05:25:49	07:11:31
111	69	Matthew	Hack	Male Vet 50	Stockport Harriers & AC and FR	05:19:55	07:18:28
112	95	Nick	Kerry	Male Vet 40	Unattached	05:17:59	07:21:36
113	86	George	Harris	Male Open	Tunbridge Wells Harriers	05:19:32	07:22:03
114	116	Peter	Lester-Owen	Male Vet 50	Mysteruns of Abergele	05:24:07	07:30:04
115	25	Jonathan	Newby	Male Vet 40	Somerset R.C. Tri	05:39:02	07:30:45
116	83	Col John	Pelton	Male Vet 40	1 RSME	05:24:57	07:31:11
117	82	Lt Col Steve	Whitlock	Male Vet 40	1 RSME	05:25:06	07:31:25
118	57	Matthew	Price	Male Vet 40	Somerset R.C. Tri	05:42:17	07:31:35
119	70	Nick	Cork	Male Vet 40	Unattached	05:20:01	07:33:33
120	29	Nathan	Jones	Male Open	Bournville Harriers	05:32:16	07:33:44
121	28	Anthony	Jones	Male Open	Unattached	05:32:13	07:33:51
122	42	Steve	Cardwell	Male Vet 40	Kinder Mountain rescue team	05:23:51	07:37:40
123	24	Jim	Harries	Male Vet 50	Stockport Harriers & AC	05:23:45	07:39:22
124	10	Ian	Blakebrough	Male Vet 60	Cheshire Hash House Harriers	05:24:29	07:42:06
125	106	Willem	Prooijen	Male Vet 60	Clwydian Range Runners	05:50:20	07:55:45
126	80	Mr Steve	Coares	Male Open	1 RSME	05:45:18	08:02:54
127	114	John	Cox	Male Vet 60	Middleton Harriers	05:22:19	08:03:37
128	37	Richard	Paddock	Male Vet 50	Shropshire Shufflers	05:41:56	08:10:43
129	149	Liam Gregory	Tosh	Male Open	Unattached	05:25:20	08:15:48
=	180	Roland	Stafford	Male Open		03:55:34	Rtd
=	56	Mark	Agnew	Male Open	Mercia Fell Runners	05:04:32	Rtd
=	166	Emma	Green	Lady Vet 40	Eryri Harriers	05:08:43	Rtd
=	158	Andy	McPherson	Male Open		05:14:02	Rtd
=	12	Paul	Oldfield	Male Vet 50	Clwydian Range Runners	05:16:43	Rtd
=	52	Alwyn	Williams	Male Open	Eryri Harriers	05:30:15	Rtd
=	79	Wo1 Roy	Mitton	Male Vet 40	1 RSME	05:45:14	Rtd
=	100	Clive	King	Male Vet 40	Eryri Harriers	06:15:47	Rtd
=	155	Ashley	Wager	Male Vet 50	Eryri Harriers	06:23:06	Rtd
	27	Chris	Gunn	Male Vet 40	Somerset RC Tri Club		Rtd
	39	Kean	Rowlands	Male Vet 50	Clwydian Range Runners		Rtd
	40	Sandra	Rowlands	Lady Vet 40	Clwydian Range Runners		Rtd
	41	Rebecca	Smith	Lady Open	Gorphwysfa		Rtd
	44	Will	Meredith	Male Open	Goyt Valley Striders		Rtd
	65	Ross	Powell	Male Vet 50	Mercia Fell Runners		Rtd
	75	Robin	Richmond	Male Open	Bowline Climbing Club		Rtd
	412	Ross	McLeod	Male Open	Team Bath AC		Rtd
	96	Carmen	Anthony	Lady Open	Stockport Harriers		Rtd
	130	Emlyn	Roberts	Male Vet 40	Eryri Harriers		Rtd