

Ras Mynyddoedd 1000 Metr Cymru 2011 Welsh 1000 Metre Race 2011

Runners: Ogwen start

4th June 2011

Start Time: 10:36

Safle Pos	Rhif No.	Enw Name		Dosbarth Category	Clwb Club	Ogwen	Pen y Pass	Finish
1	356	Paul	Jenkinson	Male Vet 40	Eryri Harriers		00:53:37	01:54:29
2	381	Trefor	Jones	Male Vet 40	Unattached		01:00:00	02:08:22
3	374	Dave	Cumins	Male Vet 40	Unattached		01:02:53	02:11:51
4	359	Jenny	Heming	Lady Open	Eryri Harriers		01:03:07	02:15:50
5	380	Cedric	Clemerson	Male Vet 50	Heathfield RRC		01:07:56	02:18:47
6	366	Ian	Travis	Male Vet 40	WFRA		01:11:34	02:22:14
7	60	Lisa	Grantham	Lady Open	Ellesmere Port RC		01:06:19	02:23:12
8	370	Edwin	Williams	Male Vet 50	Eryri Harriers		01:05:27	02:24:07
9	375	Mike	Blake	Male Vet 60	Eryri Harriers		01:06:24	02:26:12
10	360	Nigel	Rowlands	Male Vet 40	Clwydian Range Runners		01:08:16	02:27:22
11	365	David	Jones	Male Vet 40	Eryri Harriers		01:06:49	02:28:51
12	376	Libby	Peter	Lady Vet 40	Eryri Harriers		01:12:23	02:29:25
13	377	Stephen	Cannons	Male Vet 40	Unattached		01:12:32	02:31:39
14	369	Peter	McCarthy	Male Vet 40	Dark Peak Fell Runners		01:16:44	02:41:06
15	373	Matthew	Bower	Male Open	Bowline Climbing Club		01:19:49	02:41:19
16	367	Keith	Williams	Male Vet 40	Unattached		01:20:34	02:45:03
17	363	Margaret	Oliver	Lady Vet 60	Eryri Harriers		01:20:40	02:46:06
18	362	Louise	Richmond	Lady Open	Bowline Climbing Club		01:20:01	02:46:28
19	357	Ellie	Salisbury	Lady Vet 50	Eryri Harriers		01:20:43	02:50:25
20	364	Paul	Parker	Male Vet 50	Bowline Climbing Club		01:19:57	03:00:06
21	379	Colin	Downey	Male Vet 50	Mercia Fell Runners		01:24:35	03:00:27
22	355	Marcia	Spurling	Lady Vet 40	Shropshire Shufflers		01:27:54	03:01:19
23	368	David	Hall	Male Vet 60	Gorphwysfa		01:33:35	03:01:50
24	371	James	Lovell	Male Open	Unattached		01:28:39	03:05:58
25	358	Peter	Lewis	Male Vet 40	Eryri Harriers		01:35:49	03:13:47
26	361	Alexandra	Fletcher	Lady Open	Eryri Harriers		01:27:26	03:15:05
27	372	Adrian	Lovell	Male Open	BADO		01:48:56	03:37:08
28	353	Mary	Crawford	Lady Vet 40	Avon Valley Runners		02:03:58	04:01:43
29	354	James	Crawford	Male Vet 50	Avon Valley Runners		02:03:54	04:01:50
30	378	Sian Angharad	Jackson	Lady Open	Unattached		02:08:18	04:25:45