

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	0:34:12	JAMES, Matthew	Hereford Couriers	Open Male	477	1
2	0:34:39	HINDLE, Tim	Brecon A C	Male Vet 40	469	2
3	0:35:00	IVESON, Tim	Builth & District Runners	Open Male	471	3
4	0:35:19	O'BRIAN, David	Worcester A C	Open Male	472	4
5	0:36:13	PITTAWAY, Mark	Royal Manor of Portland AC	Male Vet 40	442	5
6	0:37:39	EDWARDS, Jerome	San Domenico	Open Male	479	6
7	0:38:18	LEWIS, Neil	Hereford Couriers	Male Vet 40	444	7
8	0:38:50	CHAMMINGS, Martin	Parc Bryn Bach	Open Male	435	8
9	0:38:58	NIXON, Ann	Forest of Dean A C	Female Vet 50	474	9
10	0:39:08	GWILLYM, Lyndon	Unattached	Male Vet 50	453	10
11	0:39:17	WILLIAMS, Dave	Hereford Couriers	Male Vet 40	476	11
12	0:39:22	KEECH, Tony	Human Energy	Male Vet 50	450	12
13	0:39:30	MILES, Phil	Parc Bryn Bach	Male Vet 50	430	13
14	0:39:47	BARBER, David	Unattached	Open Male	439	14
15	0:39:53	DAVIES, James	Unattached	Open Male	461	15
16	0:40:30	JONES, Angela	Brecon A C	Female Vet 40	465	16
17	0:40:43	KING, Daniel	Wye Valley Runners	jm	425	17
18	0:41:48	GUNNER, Gary	Croft Ambrey	Male Vet 60	454	18
19	0:42:00	MORGAN, Lloyd	San Domenico	Open Male	473	19
20	0:42:07	CONWAY, Claire	Wye Valley Runners	Open Female	466	20
21	0:42:26	DRINKWATER, Kim	Gloucester A C	Open Female	460	21
22	0:42:37	LINNELL, Graham	Silson Joggers AC	Male Vet 50	457	22
23	0:42:47	MASON, Chris	Wye Valley Runners	Male Vet 40	429	23
24	0:43:45	DARBY, William	Mynydd Du	Male Vet 50	455	24
25	0:44:15	WEALE, Sam	Unattached	Open Male	421	25
26	0:45:16	CAVE, Simon	Unattached	Open Male	480	26
27	0:45:20	ROWBERRY, Clive	Hereford Couriers	Male Vet 50	459	27
28	0:45:23	HEATH, Sarah	Wye Valley Runners	Female Vet 40	443	28
29	0:45:44	GWILLIAM, Robert	Wye Valley Runners	Open Male	445	29
30	0:46:02	JONES, Gareth	Monmouth	Male Vet 60	458	30
31	0:46:15	FRANKLIN, Harry	Wye Valley Runners	Male Vet 60	452	31
32	0:46:20	PRICE, John	Hay Hotfooters	Male Vet 50	438	32
33	0:47:14	DAVIES, Imme	Wye Valley Runners	Open Female	426	33
34	0:47:26	BATEMAN, Jodie	Builth & District Runners	Open Female	478	34
35	0:47:33	SHERWOOD, Dave	Wye Valley Runners	Male Vet 50	467	35
36	0:48:54	LANE, Mike	Unattached	Male Vet 50	433	36
37	0:49:12	MATTHEWS, Emma	Builth & District Runners	Open Female	470	37
38	0:49:43	ROSSER, Martyn	Hay Hotfooters	Male Vet 50	468	38
39	0:50:15	EDWARDS, Tracy	Wye Valley Runners	Open Female	440	39
40	0:50:18	CASELEY, Julie	Malvern Joggers	Female Vet 40	446	40
41	0:50:28	SUTER, Pamela	Abergavenny Striders	Open Female	463	41
42	0:51:11	WALLACE, Catrin	Unattached	jf	448	42
43	0:51:27	LORD, Jo	Hay Hotfooters	Female Vet 40	436	43
44	0:52:32	BARBER, Jenny	Unattached	Open Female	441	44
45	0:54:46	LOCK, Allan	Silson Joggers AC	Male Vet 60	456	45
46	0:55:52	DAVIES, Emily	Wye Valley Runners	Open Female	464	46
47	0:56:46	WALLACE, Derek	Unattached	Male Vet 50	449	47
48	0:57:39	KEECH, Jenny	Human Energy	Female Vet 40	451	48
49	0:59:09	FARR, Fenella	Unattached	Open Female	434	49
50	0:59:16	EMMS, Shaun	Hay Hotfooters	Male Vet 60	437	50
51	1:02:12	MILNER, Claire	Hay Hotfooters	Female Vet 50	431	51
52	1:02:20	PYMM, Lesley	Centurians	Female Vet 50	462	52
53	1:02:50	MCKENZIE, Laurianne	Wye Valley Runners	Female Vet 40	475	53

There were 53 finishers in the All Competitors category.

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