



Safle Position	Rhif No	Amser Time	Enw Name	Clwb Club	Dosb Class	Lleol Local	Dynion / Male:				Merched / Female:			
							M	M40	M50	M60	F	F40	F50	F60
70	352	1.41.25	Dan Harris	Headington Road Runners	M		35							
71	441	1.41.31	Kean Rowlands	Clwydian Range Runners	M40			20						
72	332	1.41.42	Charles Enston	Eryri Harriers	M		36							
73	481	1.41.45	Paul Donoghue	Buckley Runners	M		37							
74	392	1.41.47	H Jones	U / A	M40			21						
75	458	1.42.11	Martin Jones	Carneddau Tri	M40			22						
76	525	1.42.31	<b>Sarah Hammond</b>	<b>Tattenhall Runners</b>	<b>F40</b>							1		
77	427	1.42.36	John Keyworth	Pensby Runners	M50				13					
78	473	1.42.41	Nigel Hunt	U / A	M		38							
79	361	1.43.00	David Jones	U / A	M		39							
80	475	1.43.08	Noel Craine	Eryri Harriers	M40			23						
81	429	1.43.11	<b>John Morris</b>	<b>Buckley Runners</b>	<b>M60</b>						2			
82	499	1.43.22	Peter Simpson	Liverpool Running Club	M50				14					
83	402	1.43.31	Ian Jones	U / A Air Ambulance	M		40							
84	356	1.43.58	Dave Broatch	U / A	M40			24						
85	493	1.44.14	Peter Hughes	U / A	M40			25						
86	520	1.44.18	Russell Murray	U / A	M40			26						
87	519	1.44.23	Roy Hughes	Eryri Harriers	M50	M			15					
88	553	1.44.24	TOM DILLON	Anabasis Climbing Club	M		41							
89	357	1.44.24	Dave Owens	North Wales Police	M		42							
90	378	1.44.33	Frank Adlen	Pensby Runners	M50				16					
91	306	1.44.35	<b>Alwyn Oliver</b>	<b>Eryri Harriers</b>	<b>M60</b>						3			
92	505	1.44.40	Richard Borne	U / A	M		43							
93	389	1.44.43	Graham Rogers	U / A	M50				17					
94	307	1.44.44	Andrew Howard-Jones	U / A	M		44							
95	444	1.45.00	Kevin Evans	Meirionydd Running Club	M40			27						
96	324	1.45.06	<b>Birgit Eyre</b>	<b>Oswestry Olympians</b>	<b>F40</b>							2		
97	362	1.45.21	David Lewis	U / A	M	M	45							
98	393	1.45.31	<b>Hannah Toberman</b>	<b>Eryri Harriers</b>	<b>F</b>							3		
99	310	1.46.01	Andy Allen	U / A	M40			28						
100	432	1.46.14	Jonathan Nosworthy	U / A Air Ambulance	M		46							
101	455	1.46.40	Mark dekeyne	Eryri Harriers	M40			29						
102	367	1.46.41	Derek McCord	U / A Air Ambulance	M60					4				
103	343	1.47.11	Colin Holt	U / A Air Ambulance	M40			30						
104	483	1.47.31	Paul Jones	U / A	M		47							
105	377	1.47.32	Ewart Pritchard	U / A	M		48							
106	321	1.47.33	Bevan Wynne Roberts	U / A Air Ambulance	M		49							
107	364	1.47.38	Dawn Urguhart	Buckley Runners	F						4			
108	308	1.47.48	Andrew Murphy	Anabasis Climbing Club	M		50							
109	338	1.47.49	Christopher Hatton	Helsby AC	M50				18					
110	507	1.48.03	Richard Hayes	Wrecsam Tri	M		51							
111	399	1.48.09	Iain Arnison	Pensby Runners	M		52							
112	486	1.48.11	Paul Oldfield	Clwydian Range Runners	M40			31						
113	374	1.48.21	<b>Eluned Salisbury</b>	<b>Eryri Harriers</b>	<b>F40</b>	F							3	
114	506	1.48.30	Richard Emlyn Roberts	U / A	M40			32						
115	442	1.48.31	Kenny Hughes	Wrecsam Tri	M50				19					
116	487	1.48.32	Paul Ross	Abergele Harriers	M40			33						
117	401	1.48.54	Ian Hodge	Vegan Runners	M		53							
118	366	1.49.12	Dei Jones	Eryri Harriers	M50				20					
119	383	1.49.25	Gavin Roberts	U / A	M	M	54							
120	381	1.50.20	Gary Gunner	Croft Ambrey Runners	M60					5				
121	533	1.50.37	Stephen Ellis	U / A	M		55							
122	349	1.50.40	Dafydd Whiteside - Thomas	Eryri Harriers	M50				21					
123	363	1.50.54	David Whipp	Bromsgrove AC	M50				22					
124	453	1.51.03	Marc Wycherley	Pensby Runners	M		56							
125	516	1.51.05	Robin Griffiths	U / A	M40			34						
126	434	1.51.11	Joseph Ward	Newi AC	M		57							
127	415	1.51.51	James Wingfield	U / A	M40			35						
128	326	1.51.53	Brian Wills	Llanberis MRT	M		58							
129	353	1.51.59	Daniel Craigen	U / A	M		59							
130	448	1.52.10	M G Threlfall	Anabasis Climbing Club	M50				23					
131	478	1.52.25	<b>Pat Goodall</b>	<b>Totley AC</b>	<b>F50</b>								1	
132	450	1.52.54	Maldwyn Evans	Eryri Harriers	M40			36						
133	375	1.53.05	Emlyn Roberts	Eryri Harriers	M40	M		37						
134	562	1.53.09	Wendy Trimbel	U / A	F						5			
135	404	1.53.22	Iestyn O'Neill	Wrecsam Tri	M		60							
136	400	1.53.30	Ian Blakemore	Eryri Harriers	M40			38						
137	433	1.53.46	Jonothan Hughes	Berserkers	M40			39						
138	494	1.53.47	Peter Lester-Owen	Mysteruns	M40			40						
139	304	1.54.08	Alistair Crawford	U / A Air Ambulance	M40			41						
140	454	1.54.29	Mark Brakspear	Saddleworth Runners	M40			42						
141	327	1.54.41	Brigdet Ripley	U / A	F40							4		
142	351	1.54.46	Unknown	Unknown	Unkn		61							
143	534	1.54.51	Stephen Hatfield	Prestatyn	M60					6				

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							M	M40	M50	M60	F	F40	F50	F60
144	497	1.55.10	Peter Norman	Wrexham AC	M60				7					
145	435	1.55.17	Judith C Jones	Mysteruns	F40						5			
146	431	1.55.38	John Walker	NWRR	M40			43						
147	379	1.55.47	Frank Green	Liverpool Running Club	M60				8					
148	492	1.56.21	Peter Herbert	U / A	M		62							
149	447	1.56.37	Liz Thornton	Liverpool Running Club	F40						6			
150	470	1.57.07	Neil Ballard	Oswestry Olympians	M40			44						
151	313	1.57.23	Anna Wood	U / A	F					6				
152	370	1.58.13	Duncan Jones	Denbigh Harriers	M40			0	45	0	0	0	0	0
153	508	1.58.17	Richard Hindle	U / A	M50				24					
154	558	1.58.18	Tracey Williams	Denbigh Harriers	F40							7		
155	329	1.58.18	Budge English	Denbigh Harriers	F40							8		
156	325	1.58.21	Bleddyn Jones	U / A	M	M	63							
157	309	1.58.47	Andrew Roberts	U / A	M40			46						
158	410	1.58.51	Jack Thomas	Buckley Runners	M60					9				
159	314	1.59.07	Annemarie Allen	Denbigh Harriers	F40							9		
160	472	1.59.22	Nigel Crompton	Pensby Runners	M40			47						
161	501	1.59.51	Peter Thompson	Liverpool Running Club	M50				25					
162	388	1.59.51	Graeme Jones	Liverpool Running Club	M40			48						
163	549	1.59.57	Terry Williams	U / A Air Ambulance	M		64							
164	341	1.59.58	Cliff Etherden	Saddleworth Runners	M50				26					
165	330	2.00.23	Carole Morrison	Sunlight Runners	F40							10		
166	412	2.00.25	Jackie Jarvis	Oswestry Olympians	F40							11		
167	461	2.00.30	Martyn Rosser	Red Herrings	M50				27					
168	403	2.00.50	Ian McConnell	Village Road Runners	M		65							
169	406	2.01.19	Isable McCord	U / A Air Ambulance	M50				28					
170	546	2.01.48	Sue Duckworth	Darwen Dashers	F40							12		
171	548	2.01.48	Sue Taylor	Eryri Harriers	F40							13		
172	420	2.02.05	Jessica Roberts	U / A	F	F					7			
173	541	2.02.21	Steve Hawes	U / A Air Ambulance	M50				29					
174	544	2.02.29	Steve Roberts	Pensby Runners	M60					10				
175	451	2.02.51	Mansur Mohammadi	Sunlight Runners	M50				30					
176	394	2.03.28	Harri Roberts	U / A	M40			49						
177	380	2.03.33	Gary Ford	Sunlight Runners	M		66							
178	300	2.03.48	A. Diserens	U / A	M40			50						
179	537	2.04.02	Stephen Roberts	U / A	M		67							
180	345	2.04.25	Cornelia Bufe	U / A	F						8			
181	418	2.04.48	Jeremy Brayshaw	Totley AC	M50				31					
182	436	2.04.58	Judith Jones	Eryri Harriers	F40							14		
183	524	2.05.36	Sarah Bayliss	Denbigh Harriers	F40							15		
184	557	2.05.40	Tony Waine	U / A	M50				32					
185	358	2.05.45	Dave Say	U / A	M50				33					
186	440	2.06.26	Karen Dalby	Liverpool Harriers	F40							16		
187	331	2.06.56	Caroline Page	Denbigh Harriers	F40							17		
188	535	2.07.13	Stephen Meechan	U / A	M	M	68							
189	515	2.07.14	Robert Mackay	Buckley Runners	M50				34					
190	464	2.07.29	LIAM MARSHALL	Pensby Runners	M		69							
191	496	2.08.00	Peter Macmillen	U / A	M40			51						
192	395	2.08.13	Helen Thorburn	DPFR	F						9			
193	565	2.08.20	Yvonne prior	U / A	F40							18		
194	322	2.08.54	Bill Swift	Pensby Runners	M50				35					
195	369	2.09.10	Douglas Macpherson	U / A	M		70							
196	538	2.09.27	Stephen Whittle	Red Herrings	M50				36					
197	365	2.10.12	Debbie A Hughes	Berserkers	F40							19		
198	547	2.10.17	Sue Roberts	U / A	F40							20		
199	539	2.10.25	Stevan Johl	U / A	M40			52						
200	371	2.11.55	Dylan Jones	U / A	M	M	71							
201	563	2.12.07	William Murphy	Ford AC	M60					11				
202	564	2.12.52	Yvie Van Den Broeck	Wrecsam Tri	F						10			
203	462	2.13.08	Maurice Clarke	Liverpool Running Club	M50				37					
204	438	2.13.42	Julian Page	Denbigh Harriers	M40			53						
205	443	2.14.04	Kevin Caselton	U / A	M40			54						
206	440	2.14.05	Unknown	Unknown	Unkn							21		
207	479	2.14.05	Patrick Henley	Liverpool Harriers	M50				38					
208	416	2.14.26	Jennifer Raffle	U / A	F40							22		
209	425	2.14.31	John Hodgkinson	U / A	M50				39					
210	423	2.14.38	Jim Fedigan	Pensby Runners	M40			55						
211	503	2.15.28	Philip Grout	U / A Air Ambulance	M60					12				
212	566	2.15.36	RHIAN JONES	U / A	F						11			
213	421	2.15.39	Jim Alcock	Wrecsam Tri	M		72							
214	554	2.15.46	Tom O'Connor	Liverpool Running Club	M60					13				
215	316	2.16.27	Anwen Crawford	U / A Air Ambulance	F40							23		
216	491	2.17.21	Peter eardley	NWRR	M50				40					
217	528	2.19.07	Sheena Williams	U / A Air Ambulance	F						12			

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							M	M40	M50	M60	F	F40	F50	F60	
218	529	2.19.41	Sid Bailey	Deestridders	M40			56							
219	354	2.20.02	Daniel Forbey	U / A	M	M	73								
220	322	2.20.32	Unknown	Unknown	Unkn				41						
221	545	2.25.56	Stuart Marson	NWRR	M50				42						
222	318	2.25.56	Barry Barnes	Deeside Orienteering Club	M60					14					
223	527	2.29.52	ALAN CRAIG	RANE LAY HARRIERS	M50				43						
224	469	2.30.30	Nathan Lewis	U / A	M	M	74								
225	449	2.32.20	<b>M. Stan Winstanley</b>	<b>NWFR</b>	<b>F60</b>										1
226	359	2.32.37	David Barton	Ford AC	M60					15					
227	468	2.37.05	Mike Storry	Village Road Runners	M60					16					
228	386	2.37.21	Glyn Hughes	U / A	M50				44						
229	346	2.50.18	Craig Jones	Sunlight Runners	M40			57							
230	504	2.50.50	Rachel Mackereth	U / A Air Ambulance	F40							24			
231	409	2.50.57	<b>J.J.Green</b>	<b>U / A Air Ambulance</b>	?										
232	376	2.52.11	Eryl Owen	U / A Air Ambulance	M		75								
233	518	2.52.12	<b>Rowena Hunter</b>	<b>U / A Air Ambulance</b>	?										
234	305	2.53.59	Allan Parry	U / A	M50				45						
235	512	DNF	<b>Rob Mason</b>	<b>Totley AC</b>	?										
236	466	DNF	Mike Garbutt	Red Herrings	M40			58							
237	476	DNF	Oliver Threlfall	Anabasis Climbing Club	M		76								
238	340	DNS	Claire Ballamy	Wrecsam Tri	F40							25			