

POS	BIB	Firstname	Surname		CLUB	TIME			Cat
1	279	DAN	DOHERTY	M	MYNYDD DU	1:17:41	1	M	SEN
2	275	MARK	PALMER	M	MYNYDD DU	1:25:13	1	M	V50
3	258	CHRIS	CHAMBERS	M	MYNYDD DU	1:34:52	1	M	V40
4	277	MIKE	FAWCETT	M	WYE VALLEY RUNNERS	1:35:14	2	M	V40
5	276	KATIE	BEECHER	F	LES CROUPIERS	1:36:58	1	F	SEN
6	257	ANDREW	HUNTER	M	BEESTON AC	1:37:34	3	M	V40
7	252	MATTHEW	LAWSON	M	CHEPSTOW HARRIERS	1:38:49	4	M	V40
7	270	ANDY	CREBER	M	CHEPSTOW HARRIERS	1:38:49	2	M	V50
9	274	JAMES	WOODIER	M	MYNYDD DU	1:39:48	2	M	SEN
10	260	THOMAS	MOLLEKIN	M	MYNYDD DU	1:40:56	3	M	SEN
11	266	JAMES	MORRISON	M	TIVERTON HARRIERS	1:41:38	4	M	SEN
12	272	ED	DICKSON	M	MDC	1:41:52	5	M	SEN
13	281	MAL	EVANS	M	NONE	1:42:56	3	M	V50
14	251	ANDY	BLACKMORE	M	MDC	1:47:30	5	M	V40
15	271	DAVID	BARBER	M	NONE	1:48:49	6	M	V40
16	259	RONA	DAVIES	F	MYNYDD DU	1:52:17	1	F	V50
17	278	PETER	LAKE	M	SBOC	1:52:29	7	M	V40
18	265	SASHA	HABGOOD	F	MDC	1:53:13	1	F	V40
19	250	STEVE	OWEN	M	CHEPSTOW HARRIERS	1:54:32	1	M	V60+
20	253	HUGH	MORGAN-JONES	M	FRA	1:56:31	4	M	V50
21	261	ROY	SILVER	M	LES CROUPIERS	2:05:24	2	M	V60+
22	273	STUART	DUNCAN	M	CHEPSTOW HARRIERS	2:10:05	5	M	V50
23	262	DAN	SHEEN	M	PEMBROKESHIRE HARRIERS	2:12:38	6	M	SEN
24	263	STEVE	HARRIS	M	NONE	2:13:11	6	M	V50
24	264	PETE	HASTINGS	M	DRAGONS RUNNING CLUB	2:13:11	8	M	V40
26	255	KAREN	ELVERS	F	MDC	2:16:04	2	F	V40
27	256	GARETH	JONES	M	MDC	2:16:05	3	M	V60+
28	267	CHRISTIAN	DAVIES	M	NONE	2:21:51	7	M	SEN
29	280	KATIE	HOVERS	F	BRECON TRIATHLON	2:22:26	2	F	V50
30	254	PAUL	SYMONS	M	NONE	2:25:20	7	M	V50
31	269	JESSICA	JONES	F	NONE	2:32:08	2	F	SEN
32	268	ALLAN	JONES	M	BRACKLA HARRIERS	2:32:11	4	M	V60+