

2 HILLFORTS FELL RACE 2015 – RESULTS

A great day for running in the hills, and 46 runners took on the 2 HILLFORTS of Penycloddiau and Moel Arthur in the Clwydian Range. As always, it was a fast start across the fields and it was very competitive up front. 5 runners had opened up a gap on the chasing group by the start of the ascent up to Penycloddiau. By the time the runners reached Coed Llangwyfan car park, 3 miles in, Damien Nicholls (Wilmslow) and Stephen Skates (Prestatyn) led the way, with Buckley's Jez Brown, Lawrence Eccles (Penny Lane) and John Hunt (Dark Peak) close behind. The first 2 ladies followed shortly afterwards, with Ann-Marie Jones (Altrincham) and Denbigh's Ceri Belshaw leading the way. In dry conditions it was Stephen Skates (making the steep ascent of Moel Arthur look particularly easy!) who pulled away and won comfortably in the end in 62:43 - a course record by over 3 minutes. Damien Nicholls was a clear second in 64:11, with Jez Brown completing the top 3 in 65:05. Next in and first M40 was John Hunt in 65:23. The top 4 all came in under the previous course record! Completing the top 5 and first in the MOPEN category was Lawrence Eccles (68:09). A closely fought contest in the ladies race saw Ann-Marie Jones win in 82:42, with Ceri Belshaw just over half a minute back with 83:24. Completing the top 3 was Cristina Puccini of Penny Lane Striders with 87:03. Other category winners were M50, Vic Belshaw and M60 Chris Baldwin (both Denbigh) and FOPEN Helen Ashworth, F50 Gill Darby (Penny Lane Striders) and F60 Beryl Buckley of Glossopdale Harriers.

Photos of the event were taken by Steve Jeffry, and can be found on Facebook. Thanks Steve!

Thanks to all marshals and competitors and I hope to see you all next year.

Joe Cooper

POS	NAME	CAT	CLUB	TIME
1	STEPHEN SKATES	MOPEN	PRESTATYN	62:43
2	DAMIEN NICHOLLS	MOPEN	WILMSLOW RC	64:11
3	JEZ BROWN	M40	BUCKLEY	65:05
4	JOHN HUNT	M40	DARK PEAK	65:23
5	LAWRENCE ECCLES	MOPEN	PENNY LANE STRIDERS	68:09
6	SIMON EDWARDS	M40	BUCKLEY	68:12
7	ANDY PRITCHARD	M40	BUCKLEY	70:56
8	CHRIS COLLINS	MOPEN	DELAMERE SPARTANS	72:11
9	VIC BELSHAW	M50	DENBIGH HARRIERS	72:58

10	ARTHUR LIVESEY	MOPEN		74:29
11	JOHN VERRY	MOPEN	PENSBY	74:33
12	BOB MORRIS	MOPEN	DELAMERE SPARTANS	74:35
13	MATHEW FENWICK	MOPEN		76:24
14	DAVID BAUGH	M50	DENBIGH HARRIERS	77:47
15	PETE HEWITT	MOPEN		80:20
16	PETER MOULD	MOPEN	ABERGELE HARRIERS	80:41
17	STEPHEN EMERY	M50		80:48
18	TOM EAGLE	MOPEN	DELAMERE SPARTANS	81:08
19	MARIO YEOMANS	MOPEN	CUMBERLA ND FELL RUNNERS	81:10
20	ANDREW GANNON	M50	CLWYDIAN RANGE RUNNERS	81:18
21	DUNCAN JONES	M50	DENBIGH HARRIERS	81:36
22	ANN-MARIE JONES	F60	ALTRINCHA M & DISTRICT	82:42
23	JEFF ADAMS	M50	PENSBY	82:50
24	CERI BELSHAW	FOPEN	DENBIGH HARRIERS	83:24
25	TONY HULME	M50	WILMSLOW RC	83:47
26	LOCKIE CAMPBELL	M50	ALTRINCHA M & DISTRICT	85:25
27	JOHN HUMPHRIES	M50	MYSTERUNS	86:51
28	CRISTINA PUCCINI	F40	PENNY LANE STRIDERS	87:03

29	GARETH JAGGARD	MOPEN	CLWYDIAN RANGE RUNNERS	88:42
30	HELEN ASHWORTH	FOPEN		88:56
31	MIKE HOBDAV	M50		89:18
32	DAN SCHRAIBMAN	MOPEN	DENBIGH HARRIERS	90:17
33	GERAINT DAVIES	MOPEN		90:25
34	PETER GORE-REES	M50		91:01
35	CHRIS BALDWIN	M60	DENBIGH HARRIERS	93:22
36	JO SHELMERDINE	FOPEN		95:03
37	PAUL OLDFIELD	M50	CLWYDIAN RANGE RUNNERS	95:39
38	TONY MAN	M40	PENNY LANE STRIDERS	100:33
39	GILL DARBY	F50	PENNY LANE STRIDERS	100:43
40	MARK ROBERTS	M40		101:28
41	DAVID OWEN	M60	PRESTATYN	101:53
42	BILL OWEN	M60		108:52
43	BERYL BUCKLEY	F60	GLOSSOPDALE HARRIERS	108:53
44	GREG TAYLOR	M40		113:43
45	DAVID JONES	M40		116:59
46	MIKE BAKER	M50		121:16