

Râs Moel Yci

23/02/2013

Safle	Rhif	Amser	Enw	Clwb	Dosb	Dynion / Men					Merched / Women				
Position	No	Time	Name	Club	Cat	JM	M	M40	M50	M60	JF	F	F40	F50	F60
1	812	38.53	Martin Cliffe	Eryri	M40			1							
2	825	39.29	Dylan Wynn Jones	Eryri	M40			2							
3	295	40.01	Daniel Mashi	Eryri	M		1								
4	227	40.05	John Parkinson	Eryri	M40			3							
5	253	40.07	Aled Edwards	Eryri	M		2								
6	261	40.14	Jim Bacon	Eryri	M		3								
7	811	40.19	Adrian Williams	Eryri	M40			4							
8	808	41.15	David Gregory	U/A	M		4								
9	243	41.46	Huw Davies	Mercia	M		5								
10	788	42.09	Calum Muskett	U/A	M		6								
11	245	42.14	Jason Phillips	U/A	M		7								
12	248	42.25	Craig Jones	Eryri	M40			5							
13	836	42.34	Frederick Maier	Bangor Uni	M		8								
14	262	42.52	Mark Davies	NWRRC	M		9								
15	233	43.02	Ian Jones	U/A	M		10								
16	793	43.17	Dewi Owen	Eryri	M		11								
17	817	43.20	Chris Atherton	Maldwyn Harriers	M		12								
18	804	43.23	Stephen P Jones	Eryri	M50			1							
19	230	43.31	Gary Porter-Jones	Eryri	M40			6							
20	283	43.33	Gwynedd Jones	U/A	M		13								
21	292	43.39	Andrew Hatton	Bangor Uni	M		14								
22	293	43.53	Sam Green	Bangor Uni	M		15								
23	225	44.04	Michael Belshaw	Eryri	M50			2							
24	238	44.08	Ali Chant	Eryri	M40			7							
25	234	44.09	Sam Orton	U/A	M		16								
26	268	44.10	Robert Armstrong	Abergele	M		17								
27	239	44.11	Ed Harmer	Eryri	M40			8							
28	222	44.11	Craig South	U/A	M40			9							
29	275	44.14	Arwel Lewis	Eryri	M50			3							
30	280	44.24	Rory O'Donnell	Eryri	M		18								
31	289	44.24	Iwan Edgar	Eryri	M50			4							
32	801	44.34	Paul Jenkinson	Eryri	M40			10							
33	786	44.40	Benjamin Williams	U/A	M		19								
34	269	44.47	Alan Jones	Meirionnydd	M		20								
35	298	45.53	Rick Littlejohn	U/A	M		21								
36	282	45.57	Irfon Rowlands	Cybi	M40			11							
37	249	46.07	John Sammut	U/A	M		22								
38	259	46.10	Andy Jones	NWRRC	M		23								
39	833	46.12	Gwynfor Owen	U/A	M50			5							
40	226	46.31	Ralph Pawling	U/A	M		24								
41	792	46.36	Brian Wills	Eryri	M40			12							
42	244	46.45	Jimmy Rhodes	Bowland FR	M40			13							
43	258	47.02	Sean Gavin	NWRRC	M		25								
44	798	47.35	Ifan Richard Evans	Eryri	M40			14							
45	276	47.45	Chris Slinn	U/A	M40			15							
46	267	47.52	Nick Jones	Eryri	M		26								
47	237	48.34	Carwyn Evans	Menai T&F	M		27								
48	263	48.44	Dylan Roberts	U/A	M40			16							
49	247	48.48	Joe Cooper	Denbigh Harriers	M		28								
50	235	48.57	Adam Mitchell	U/A	M		29								
51	838	49.00	Lisa Grantham	Chester Tri	F							1			
52	279	49.01	Robert Caine	U/A	M		30								
53	246	49.07	Heddwyn Bye	U/A	JM	1									
54	232	49.10	Llion Iwan	Eryri	M40			17							
55	229	49.12	Emlyn Roberts	Eryri	M40			18							

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Position	No	Time	Name	Club	Cat	JM	M	M40	M50	M60	JF	F	F40	F50	F60
56	287	49.13	Beckie Taylor	Bangor Uni	F							2			
57	803	49.14	David Bevan	Saddleworth	M40			19							
58	256	49.17	Graham Davies	Mysteruns	M40			20							
59	254	49.30	Edward Joseph Ryalls	St Davids College	JM	2									
60	819	49.30	Celfyn Evans	U/A	M40			21							
61	294	49.35	Phil Tân Jones	Eryri	M60					1					
62	839	49.38	Angela Brand-Barker	U/A	F50									1	
63	291	49.42	Peter Davies	Bangor Uni	M		31								
64	252	49.49	Jack Butcher	St Davids College	JM	3									
65	814	50.06	Neil Hindle	U/A	M50				6						
66	284	50.33	R Aaron Bayley	U/A	M		32								
67	799	50.39	Phil Targett	Eryri	M40			22							
68	260	50.47	Jonathan Tyler	Eryri	M		33								
69	272	51.10	Kean Rowlands	Clwydian	M50				7						
70	790	51.13	Huw Lewis	U/A	M50				8						
71	255	51.15	Terry Coleman	U/A	M50				9						
72	791	51.23	Peter Roberts	Buckley	M60					2					
73	273	51.32	Sandra Rowlands	Clwydian	F40								1		
74	278	51.41	Rebekah Newstead	U/A	F							3			
75	223	52.02	Daniel Richards	U/A	M		34								
76	264	52.10	Emrys Jones	Cybi	M50				10						
77	789	52.13	Ross Powell	U/A	M50				11						
78	818	52.17	S Atherton	U/A	M50				12						
79	828	52.26	Martin Fairlamb	Denbigh Harriers	M40			23							
80	257	52.30	Dave Broatch	U/A	M50				13						
81	242	52.32	Peter Hughes	U/A	M40			24							
82	274	52.33	Megan Lynne Hughes	Eryri	F							4			
83	266	52.35	Peter Smith	U/A	M40			25							
84	290	52.39	David Taylor	Bangor Uni	M		35								
85	241	53.54	Gari Davies	U/A	M60					3					
86	250	54.19	Suzy Cumming	U/A	F							5			
87	224	54.26	Tracey Llewellyn	Cybi	F							6			
88	785	55.02	Ellie Salisbury	Eryri	F50									2	
89	231	55.25	Patrick Cain	U/A	M50				14						
90	270	55.28	Miranda Grant	HBT	F							7			
91	831	55.41	Chris Baldwin	Denbigh Harriers	M50				15						
92	830	55.50	Victoria Whitehead	Denbigh Harriers	F40								2		
93	265	55.54	Helen Morgan	U/A	F							8			
94	796	56.28	Ian Blakemore	U/A	M50				16						
95	816	57.02	Adrian Moir	MDC	M50				17						
96	281	57.08	Geraint Williams	Cybi	M40			26							
97	240	57.31	Emily Wood	Eryri	F40								3		
98	277	57.52	Amanda Wilde	U/A	F40								4		
99	787	58.21	Steven Gahan	U/A	M40			27							
100	800	58.55	Alwyn Williams	Eryri	M		36								
101	834	59.26	Kevin Jones	U/A	M40			28							
102	820	59.34	Eryl Jones	Denbigh Harriers	M50				18						
103	802	59.46	Stephen Moelfre Jones	Eryri	M50				19						
104	296	60.00	Graham McVey	U/A	M40			29							
105	795	60.23	Philip Jones	Prestatyn	M60					4					
106	221	60.31	Edwin Kelly	U/A	M		37								
107	236	60.48	Nicky Maysmoor	U/A	F							9			
108	228	60.50	Richard Pugh	U/A	M		38								
109	837	61.01	Mark Cooper	Bangor Uni	M		39								
110	251	61.13	Asif Shah	St Davids College	JM	4									
111	299	61.37	Brian Robbins	Eryri	M60					5					
112	829	61.39	Emma Sunerton-Burl	U/A	F40								5		
113	794	61.54	Mike Pepper	Eryri	M60					6					

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114	807	61.57	Dave Kirby	Eryri	M40			30							
115	285	62.18	Edith Gruber	Cybi	F							10			
116	810	62.50	Alex Fletcher	Eryri	F							11			
117	286	62.56	Peter Boyd	U/A	M		40								
118	832	62.57	Menai Baugh	Denbigh Harriers	F50									3	
119	822	63.25	Sarah Bayliss	Denbigh Harriers	F40								6		
120	813	63.27	Linda Edmonson	Wrekin	F50									4	
121	297	63.37	Keith Williams	U/A	M40			31							
122	823	63.38	Anwen Davies	Denbigh Harriers	F							12			
123	815	63.54	Allison Donnelly	Eryri	F40								7		
124	805	64.14	Maggie Oliver	Eryri	F60										1
125	835	64.18	Dylan Evans	U/A	M		41								
126	821	64.44	Ethan Jones	Denbigh Harriers	M		42								
127	806	65.44	Martin G Williams	Eryri	M60					7					
128	827	70.30	Kate Wheatcroft	Cybi	F							13			
129	809	76.37	Iorwerth Roberts	Eryri	M60					8					
130	288	81.49	Kathryn Hewitt	U/A	F40								8		
131	824	87.23	Edward Brown	Denbigh Harriers	M		43								
132															
133	797	DNF	Gareth Hughes	Prestatyn	M60										
134	271	DNF	Clare Dallimore	Eryri	F										
135	826	DNF	Kate White	U/A	F										