

# Râs Moel Wnion - Dynion / Men

08/09/2012

| Safle    | Rhif | Amser | Enw                     | Clwb                       | Cym.  | Dosb | Dynion / Men |    |     |     |     |  |
|----------|------|-------|-------------------------|----------------------------|-------|------|--------------|----|-----|-----|-----|--|
| Position | No   | Time  | Name                    | Club                       | Welsh | Cat  | MU23         | M  | M40 | M50 | M60 |  |
| 1        | 84   | 34.07 | Morgan Donnelly         | Borrowdale Fell Runners    |       | M    |              | 1  |     |     |     |  |
| 2        | 122  | 34.45 | Simon Bailey            | Mercia Fell Runners        |       | M    |              | 2  |     |     |     |  |
| 3        | 81   | 35.55 | Lloyd Taggart           | Dark Peak FR               |       | M40  |              |    | 1   |     |     |  |
| 4        | 11   | 36.43 | Ben Bardsley            | Borrowdale Fell Runners    |       | M40  |              |    | 2   |     |     |  |
| 5        | 99   | 36.51 | Steve Cale              | Mercia Fell Runners        |       | M    |              | 3  |     |     |     |  |
| 6        | 83   | 37.23 | Martin Mikkelsen-Barrow | Borrowdale Fell Runners    |       | M    |              | 4  |     |     |     |  |
| 7        | 98   | 38.13 | karl Gray               | Calder Valley Fell Runners |       | M40  |              |    | 3   |     |     |  |
| 8        | 110  | 38.27 | Tim Davies              | Mercia Fell Runners        | Cym   | M    |              | 5  |     |     |     |  |
| 9        | 96   | 38.48 | Gavin Mulholland        | Calder Valley Fell Runners |       | M40  |              |    | 4   |     |     |  |
| 10       | 65   | 38.51 | Felipe Jones            | Aberystwyth AC             |       | M    |              | 6  |     |     |     |  |
| 11       | 128  | 39.00 | Ifan Rhys Richards      | Meirionnydd                | Cym   | M    |              | 7  |     |     |     |  |
| 12       | 75   | 39.17 | Dave Neill              | Staffs Moorland AC         | 56    | M50  |              |    |     | 1   |     |  |
| 13       | 100  | 39.25 | Tim Black               | Calder Valley Fell Runners |       | M    |              | 8  |     |     |     |  |
| 14       | 42   | 39.26 | Sam Watson              | Wharfedale Harriers        |       | M    |              | 9  |     |     |     |  |
| 15       | 57   | 39.48 | Shaun Godsman           | Calder Valley Fell Runners |       | M40  |              |    | 5   |     |     |  |
| 16       | 95   | 39.56 | Alex Whittern           | Calder Valley Fell Runners |       | M    |              | 10 |     |     |     |  |
| 17       | 21   | 40.10 | Paul Jones              | Mercia Fell Runners        |       | M40  |              |    | 6   |     |     |  |
| 18       | 104  | 40.21 | David Parker            | Meirionnydd                | Cym   | M    |              | 11 |     |     |     |  |
| 19       | 85   | 40.26 | Martin Cliffe           | Eryri Harriers             |       | M40  |              |    | 7   |     |     |  |
| 20       | 29   | 41.03 | Stephen Pyke            | Dark Peak Fell Runners     |       | M40  |              |    | 8   |     |     |  |
| 21       | 82   | 41.10 | Paul Cornforth          | Borrowdale Fell Runners    |       | M40  |              |    | 9   |     |     |  |
| 22       | 73   | 41.13 | Glyn Griffin            | Meirionnydd                | Cym   | M    |              | 12 |     |     |     |  |
| 23       | 76   | 41.42 | William Neill           | Mercia Fell Runners        |       | MU23 | 1            |    |     |     |     |  |
| 24       | 106  | 41.44 | John Hunt               | Dark Peak FR               |       | M40  |              |    | 10  |     |     |  |
| 25       | 97   | 41.57 | James Logue             | Calder Valley Fell Runners |       | M40  |              |    | 11  |     |     |  |
| 26       | 39   | 42.41 | Paul Crabtree           | Wharfedale Harriers        |       | M40  |              |    | 12  |     |     |  |
| 27       | 44   | 43.04 | Mick Stenton            | Dark Peak FR               |       | M50  |              |    |     | 2   |     |  |
| 28       | 135  | 43.25 | Jez Brown               | Buckley Runners            |       | M40  |              |    | 13  |     |     |  |
| 29       | 111  | 43.45 | Roland Stafford         | Mercia Fell Runners        |       | M    |              | 13 |     |     |     |  |
| 30       | 60   | 43.51 | Andy Staveley           | Burnden Road Runners       |       | M50  |              |    |     | 3   |     |  |
| 31       | 47   | 44.10 | Tom Roo                 | Mercia Fell Runners        |       | M    |              | 14 |     |     |     |  |
| 32       | 70   | 44.16 | Richard Johnson         | Mynydd Du                  | Cym   | M40  |              |    | 14  |     |     |  |
| 33       | 101  | 44.25 | Paul Johnson            | Eryri Harriers             | Cym   | M40  |              |    | 15  |     |     |  |
| 34       | 118  | 44.47 | Robert Taylor           | Pennine Fell Runners       |       | M60  |              |    |     |     | 1   |  |
| 35       | 7    | 44.48 | Alex Jones              | Pudsey & Bramley AC        |       | M    |              | 15 |     |     |     |  |
| 36       | 123  | 44.52 | Richard Horsfield       | Dark Peak FR               |       | M50  |              |    |     | 4   |     |  |
| 37       | 109  | 45.00 | Edward Davies           | Mercia Fell Runners        | Cym   | M50  |              |    |     | 5   |     |  |
| 38       | 132  | 45.02 | John Parkinson          | Eryri Harriers             |       | M40  |              |    | 16  |     |     |  |
| 39       | 36   | 45.07 | Paul Jeggo              | Springfield                |       | M50  |              |    |     | 6   |     |  |
| 40       | 93   | 45.29 | Mark Goldie             | Calder Valley Fell Runners |       | M40  |              |    | 17  |     |     |  |
| 41       | 30   | 45.47 | Simon Roberts           | Buckley Runners            | Cym   | M40  |              |    | 18  |     |     |  |
| 42       | 68   | 46.01 | Paul Jones              | Eryri Harriers             | Cym   | M    |              | 16 |     |     |     |  |
| 43       | 119  | 46.33 | Karl Steinegger         | Ambleside AC               |       | M    |              | 17 |     |     |     |  |
| 44       | 86   | 46.38 | Hugh O'Donnell          | Ambleside AC               |       | M    |              | 18 |     |     |     |  |
| 45       | 12   | 46.50 | Jason Phillips          | Unattached                 |       | M    |              | 19 |     |     |     |  |
| 46       | 130  | 47.02 | Noel Craine             | Eryri Harriers             | Cym   | M40  |              |    | 19  |     |     |  |
| 47       | 115  | 47.03 | Iwan Edgar              | Eryri Harriers             | Cym   | M50  |              |    |     | 7   |     |  |
| 48       | 37   | 47.14 | Jon Batt                | Dark Peak FR               |       | M40  |              |    | 20  |     |     |  |
| 49       | 92   | 47.32 | Michael Belshaw         | Eryri Harriers             | Cym   | M50  |              |    |     | 8   |     |  |
| 50       | 139  | 47.53 | James Walsh             | Unattached                 |       | M    |              | 20 |     |     |     |  |
| 51       | 126  | 47.58 | Andy Jones              | North Wales Road Runners   |       | M    |              | 21 |     |     |     |  |
| 52       | 43   | 48.03 | Kevin Hagley            | SWRR                       |       | M40  |              |    | 21  |     |     |  |

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| Position | No   | Time  | Name               | Club                     | Welsh | Cat  | MU23         | M  | M40 | M50 | M60 |
| 53       | 136  | 48.53 | Huw Davies         | Mercia Fell Runners      | Cym   | MU23 | 2            |    |     |     |     |
| 54       | 137  | 49.16 | Glen Davies        | Mercia Fell Runners      | Cym   | M50  |              |    |     | 9   |     |
| 55       | 88   | 49.33 | Ali Chant          | Eryri Harriers           |       | M40  |              |    | 22  |     |     |
| 56       | 71   | 50.06 | Dave Tait          | Dark Peak FR             |       | M60  |              |    |     |     | 2   |
| 57       | 124  | 50.23 | Gary Porter-Jones  | Eryri Harriers           | Cym   | M40  |              |    | 23  |     |     |
| 58       | 63   | 50.24 | Martyn Pollitt     | Burnden Road Runners     |       | M50  |              |    |     | 10  |     |
| 59       | 114  | 50.27 | Alan Jones         | Meirionnydd              | Cym   | M    |              | 22 |     |     |     |
| 60       | 15   | 50.36 | Ashley Wager       | Eryri Harriers           | Cym   | M50  |              |    |     | 11  |     |
| 61       | 94   | 51.01 | Jeremy Randell     | Clwydian                 | Cym   | M40  |              |    | 24  |     |     |
| 62       | 117  | 51.54 | Emlyn Roberts      | Eryri Harriers           | Cym   | M40  |              |    | 25  |     |     |
| 63       | 103  | 51.55 | Neil Owen          | Prestatyn                | Cym   | M50  |              |    |     | 12  |     |
| 64       | 80   | 51.58 | David York         | Tattenhall Runners       |       | M50  |              |    |     | 13  |     |
| 65       | 48   | 52.09 | Kean Rowlands      | Clwydian                 | Cym   | M50  |              |    |     | 14  |     |
| 66       | 138  | 52.27 | Patrick Walsh      | Bowland                  |       | MU23 | 3            |    |     |     |     |
| 67       | 112  | 52.57 | Graham Davies      | Mysteruns                | Cym   | M40  |              |    | 26  |     |     |
| 68       | 9    | 53.11 | Adrian Dixon       |                          |       | M60  |              |    |     |     | 3   |
| 69       | 107  | 53.23 | Martin Cortvriend  | Denbigh Harriers         | Cym   | M60  |              |    |     |     | 4   |
| 70       | 77   | 53.42 | Phil Targett       | Eryri Harriers           |       | M40  |              |    | 27  |     |     |
| 71       | 59   | 54.19 | Marcus Taylor      | Burnden Road Runners     |       | M40  |              |    | 28  |     |     |
| 72       | 58   | 54.51 | Sam Green          | Bangor Univ. AC          |       | MU23 | 4            |    |     |     |     |
| 73       | 120  | 54.52 | Irfon Rowlands     | Cybi                     | Cym   | M40  |              |    | 29  |     |     |
| 74       | 91   | 54.54 | Ed Harmer          | Eryri Harriers           | Cym   | M40  |              |    | 30  |     |     |
| 75       | 66   | 54.56 | John Morris        | Buckley Runners          | Cym   | M60  |              |    |     |     | 5   |
| 76       | 133  | 55.43 | Dan Taylor         | Todmorden Harriers       |       | M    |              | 23 |     |     |     |
| 77       | 78   | 56.07 | Arfon Hughes       | Meirionnydd              | Cym   | M40  |              |    | 31  |     |     |
| 78       | 121  | 56.18 | Gary Gunner        | Croft Ambrey             | Cym   | M60  |              |    |     |     | 6   |
| 79       | 131  | 56.23 | Ifan Richard Evans | Eryri Harriers           | Cym   | M40  |              |    | 32  |     |     |
| 80       | 125  | 56.46 | Dave Broatch       | Unattached               | Cym   | M50  |              |    |     | 15  |     |
| 81       | 105  | 57.05 | Harri Roberts      | Eryri Harriers           |       | M40  |              |    | 33  |     |     |
| 82       | 129  | 57.18 | Emlyn Owen         | Unattached               | Cym   | M    |              | 24 |     |     |     |
| 83       | 116  | 58.20 | Emyr Davies        | Eryri Harriers           | Cym   | M60  |              |    |     |     | 7   |
| 84       | 31   | 58.36 | Andrew Combs       | Hanover Harriers         |       | M40  |              |    | 34  |     |     |
| 85       | 50   | 59.13 | Ross Powell        | Mercia Fell Runners      | Cym   | M50  |              |    |     | 16  |     |
| 86       | 134  | 60.16 | Richard Davies     | Unattached               | Cym   | M50  |              |    |     | 17  |     |
| 87       | 113  | 60.50 | Richard Borne      | Unattached               |       | M40  |              |    | 35  |     |     |
| 88       | 102  | 61.02 | David Owen         | Prestatyn                | Cym   | M60  |              |    |     |     | 8   |
| 89       | 127  | 61.54 | Graham McVey       | Unattached               | Cym   | M40  |              |    | 36  |     |     |
| 90       | 108  | 62.32 | Stephen Jones      | Clwydian                 |       | M40  |              |    | 37  |     |     |
| 91       | 45   | 63.09 | Hugh Storey        | Unattached               |       | M50  |              |    |     | 18  |     |
| 92       | 67   | 63.45 | Peachy Frost       | Unattached               |       | M40  |              |    | 38  |     |     |
| 93       | 26   | 64.17 | Brian Robbins      | Eryri Harriers           | Cym   | M60  |              |    |     |     | 9   |
| 94       | 33   | 67.49 | Terry May          | Unattached               |       | M50  |              |    |     | 19  |     |
| 95       | 16   | 75.25 | David Wood         | Manchester Harriers & AC |       | M50  |              |    |     | 20  |     |